



Connect with FNU: Go to any open houses and orientations offered by FNU. Learn what resources are available, and what activities and organizations are available at the University.

Get organized: Faculty provide a course syllabus with important due dates for assignments and dates of every major exam. Utilize a calendar or software program to stay organized. Stay organized and don't miss due dates for assignments.

Go to class: Attending class is the number one way to help you succeed. Be in class, prepared to learn, and ready to understand course content. If you must miss a class, notify your instructor and make arrangements to receive missed content.

Know your faculty: Connecting with your faculty is critical. Faculty are subject matter experts, specially trained in teaching, and are usually leaders in their field of study. They are the first people to turn to when building your professional network. Faculty are often your strongest advocates and biggest supporters, especially when the rigor of academics seems overwhelming to you.

Meet with your Academic Advisor: Academic Advisors are specially trained to help you navigate your education. They understand school policies and procedures and policies. They are here to help you navigate your way through college.

Set high goals when it comes to grades: Unlike high school, college is a demanding and financially expensive undertaking. Higher education is designed to help you excel and achieve a career path that will financially sustain you and your family for years to come. Set high goals for grades and performance. The extra effort will pay dividends in the future.

Utilize campus support services: FNU has numerous support services to help you succeed. From the Library team that can help you with research, to the Writing Studio that will help you become a college level academic writer help is available. No matter what your concern, FNU will have a resource to provide assistance. When you need help, know that we are here to help.

Manage your time: Time management is a critical skill to develop. Employers consistently view time management as a critical employment skill. To be successful in your college courses, you will be challenged to develop excellent time management skills. Trust us, we know that learning good time management while in college will give you a competitive advantage when you are competing for a future job.

Be responsible for your education: Choosing to go to college is a big commitment. Be responsible about committing to the hard work and the time and effort it takes to be successful. Earning a degree is one of the best things you will ever do for yourself.



Connect with classmates: Connecting with classmates is a great way to form friendships and receive peer support. Your classmates will also be a support network for you. Helping each other through the college will help you form strong friendships, while building your professional network.

Connect with the Career Placement Office early: It is never too soon to be focused on your career goals. Become familiar with the resources and support offered by the career placement office. They are specially trained to help you with resumes, cover letters, networking, interviewing, and all the essential skills you will need to find a position in your career field.

Avoid Procrastination: Putting things off, and failing to prioritize important tasks and deadlines is one of the main reasons first year students become frustrated with college. Learn to proactively approach your coursework and assignments. The sooner you start your course work; the more time you have to get feedback from your instructors. Also, waiting to the last minute to study for exams is not effective and only adds unneeded stress.

Set short term and long term goals: When you start to feel overwhelmed, focus on short term obtainable goals. Getting an "A" in the current course, writing an "A" paper, or mastering a clinical skill. Short term goals improve your motivation and confidence. Long term goals are more complicated, but equally important. Some long term goals can be focusing on your overall GPA, earning an externship with a company you want to join when you graduate. For all of you, one long term goal should be marching across the stage at FNU's Commencement ceremony celebrating your graduation in front of family and friends.

Do the work: You have chosen to get an education to help you start, or advance, in your career. Don't take short cuts. Do the work. Learn the material. Become a professional in career field.

Understand the challenge of higher education: Degrees are earned through hard work and discipline. Know in advance that earning your degree will require you to work hard and push yourself. The reward is amazing. You will have achieved something that most people only dream about.



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